

# Rock the Bay 5K



**Saturday, June 1, 2013**

**Course:** 5K Run/Walk on the pathways along beautiful San Diego Bay with views of the Coronado bridge and the boats in the harbor.

For more information visit: [WWW.taggrun.com](http://WWW.taggrun.com)

## ENTRY FORM

Please mail completed entry form and fee to:  
**Tagg Running Events**  
 P.O. Box 1029, Vail, AZ 85641

One entry form per person, OK to copy (both sides needed)

### Rock the Bay 5K Run/Walk

**FEES:** (circle price)

**17 and under through race day** **\$20**

Cotton t-shirt if registration received by 5/22

**18 and over** (if reg. received by 5/1) **\$30**

Tech t-shirt if registration received by 5/22

**18 and over** (from 5/2 to race day) **\$35**

**XXL T-SHIRT ADD \$4** \$ \_\_\_\_\_

**Donation**

to The Monarch School \$ \_\_\_\_\_

**Total** \$ \_\_\_\_\_

**T-Shirt:**

**Adult sizes (circle one)** S M L XL XXL  
(XXL add \$4)

**Kid sizes (circle one)** S M L

**T-shirt guaranteed if entry received by 5/22/13**

### Divisions: (check one)

- |          |                          |         |                          |
|----------|--------------------------|---------|--------------------------|
| <b>M</b> | <input type="checkbox"/> | 12 & ↓  | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 13 - 17 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 18 - 24 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 25 - 29 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 30 - 34 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 35 - 39 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 40 - 44 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 45 - 49 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 50 - 54 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 55 - 59 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 60 - 64 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 65 - 69 | <input type="checkbox"/> |
|          | <input type="checkbox"/> | 70+     | <input type="checkbox"/> |

**Benefiting:**



**COMPLETE FRONT & BACK OF ENTRY FORM**

# Rock the Bay

## 5K Run/Walk

### June 1, 2013

#### Location:

Embarcadero Marina Park North is located behind Seaport Village. Enter Seaport Village at the intersection of Harbor Dr. and Kettner Blvd. Drive through Seaport Village to the park area in the back of the property. Limited metered parking and pay lots close to Convention Center and Trolley.

#### Features:

- FREE t-shirt guaranteed if pre-registered by 5/22/13
- Awards to top 3 finishers in divisions
- Refreshments
- On-line registration provided by

#### Race Director:

Steve Taggart - (520) 820-6447  
 taggrunningevents@yahoo.com  
 www.taggrun.com

#### Registration & Bib Number Pickup:

6:30 - 7:25 a.m.

#### Start Time:

7:30 a.m. - 5K Run/Walk

#### Benefiting:



Official use only

#### COMPLETE FRONT & BACK OF ENTRY FORM

PLEASE COMPLETE ALL INFORMATION - ONE FORM PER PARTICIPANT

|                       |           |                      |             |                     |             |       |
|-----------------------|-----------|----------------------|-------------|---------------------|-------------|-------|
| FIRST NAME            | LAST NAME | AGE ON RACE DAY      | AREA CODE   | PHONE               | APT. NUMBER | ZIP   |
| _____                 | _____     | _____                | _____       | _____               | _____       | _____ |
| M                     | F         | BIRTHDATE (MM/DD/YY) | ( ) ( ) ( ) | ( ) ( ) ( ) ( ) ( ) | STATE       | CITY  |
| _____                 | _____     | _____                | _____       | _____               | _____       | _____ |
| E-MAIL ADDRESS: _____ |           |                      |             |                     |             |       |
| STREET ADDRESS _____  |           |                      |             |                     |             |       |
| CITY _____            |           |                      |             |                     |             |       |

**WAIVER:** I hereby release the City of San Diego, the San Diego Unified Port District, Tagg Running Events, Monarch School, USAF, and all municipal agencies whose property and/or personnel are used and other sponsoring or co-sponsoring company(ies), agency(ies), or individual(s) from responsibility or any injuries or damages I may suffer as a result of my participation in Rock the Bay 5K and all related events. I hereby certify that I am in good condition and am able to safely complete this event. I will additionally permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, etc. and I also understand that the entry fee is non-refundable. As a participating athlete I certify that all information provided in this form is true and complete. I have read the entry information provided for the event and certify my compliance by my signature below. Bib numbers are not transferable.

**IF ATHLETE IS UNDER AGE 18:** This is to certify that my son/daughter has my permission to compete in Rock the Bay 5K and all related events. Is in good physical condition, and that race officials have my permission to authorize emergency treatment if necessary.

**Make check payable to:  
Tagg Running Events**

PARTICIPANT'S SIGNATURE (or parent/guardian if participant is under 18 years) \_\_\_\_\_ Date \_\_\_\_\_